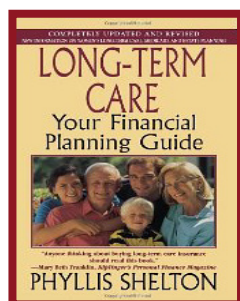


## BOOKS FOR SENIORS ABOUT PLANNING FOR LONG TERM CARE

### ***Long-Term Care - Your Financial Planning Guide***

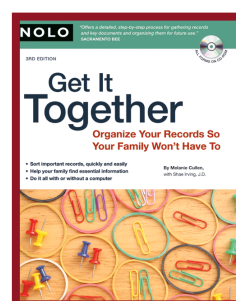
-Phyllis Shelton



Information on how to design a strategy for long-term care planning. Includes data on financing, various insurance policies, reverse mortgages, Medicaid, and Medicare. Also contains updated directories of insurance departments, aging and health agencies, and Medicare/Medicaid divisions

### ***Get it Together***

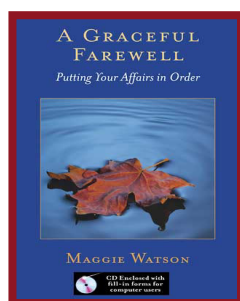
- Melanie Cullen



This workbook provides a complete system for structuring a records binder and easily organizing it for your loved ones. It shows you how to keep track of: instructions for survivors: secured places and passwords : final arrangements :estate planning documents :employment records : insurance policies: tax records :retirement accounts :government benefits, and real estate records. Includes a CD-ROM.

### ***A Graceful Farewell***

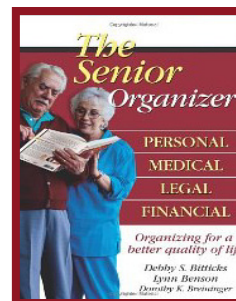
- Maggie Watson



This step-by-step guide will help you gather all your personal and financial data, organize your thoughts on bequeathing your possessions after your death, and state your intentions clearly, ensuring that your wishes are carried out. Comes with an easy to use workbook and CD-ROM.

### ***The Senior Organizer***

- Bitticks, Benson & Breininger



An all-in-one workbook for a senior's vital information: personal, medical, legal and financial. Assemble all your vital documentation and information in one simple, easy-to-access format.

200 Meridian Centre Suite 150 • Rochester, NY 14618 • 585.350.7235 • [cominsplanning.com](http://cominsplanning.com)

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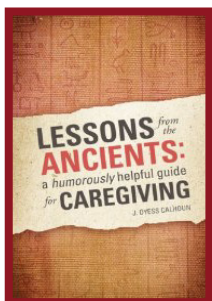
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CRN201008-2045498

## BOOKS FOR CHILDREN PLANNING FOR THE LONG TERM CARE OF THEIR PARENTS

### *Lessons from the Ancients*

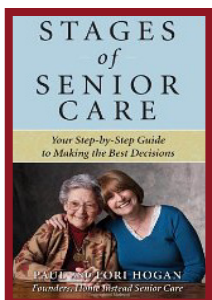
- J. Dyess Calhoun



Make your care giving easier and more enjoyable. A quick read, this family caregiver shares how-to lists resources, humour, inspiring stories. Support and classes for caregivers by phone, web.

### *Stages of Senior Care*

- Ann Landers



Emphasizing the need for planning, the Hogans (founders of Home Instead Senior Care) offer a list of signs that indicate it's time to consider additional care, as well as a thorough exploration of the options, including pros and cons, questions to ask and other factors when choosing among home care, senior centers, assisted living and nursing homes.

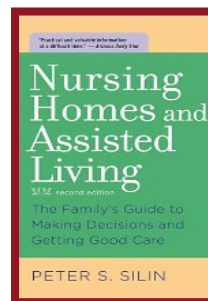
### *The Complete Legal Guide to Senior Care, 2E*

- Brette McWhorter Sember

All the information you need to make the best decisions for the seniors you care about. Written by an attorney, this book explains how to manage residential, financial and medical matters as well as the legal issues that accompany them.

### *Nursing Homes and Assisted Living*

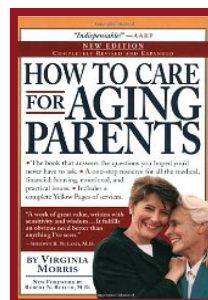
- Peter S. Silin



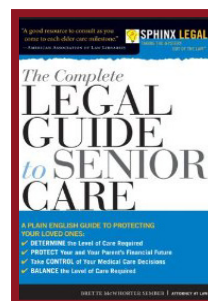
The Family's Guide to Making Decisions and Getting Good Care, second edition. Silin approaches his subject with compassion and sensitivity, guiding family members through the process of finding the best possible care.

### *How to Care for Aging Parents*

- Virginia Morris



This is aimed at the "Sandwich Generation," providing a road map to assist adult children in caring for their aging parents. Combining personal experience with expertise in healthcare and social and political issues, Morris has produced a thoroughly researched, well-organized, and comprehensive manual.



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